



Child-Centered Play Therapy

An Evidence-Based Intervention



What is Child-Centered Play Therapy?

- A developmentally responsive play-based mental health intervention for social, emotional, behavioral, & relational disorders
- Appropriate for young children ages 3-10
- Nationally recognized evidence-based intervention
- A way to make a difference in a child's life!

Treatment Manual and Resources

Landreth, G. L. (2023). *Play therapy: The art of the relationship* (4th ed.). Routledge.

Ray, D. (2011). *Advanced play therapy: Essential conditions, knowledge, and skills for child practice*. Taylor & Francis. *

Ray, D. C., Purswell, K., Haas, S., & Aldrete, C. (2017). Child-centered play therapy—research integrity checklist: Development, reliability, and use. *International Journal of Play Therapy*, 26(4), 207. <https://doi.org/10.1037/pla0000046>

*CCPT Treatment Manual can be found in the appendix. Available in English, Chinese, Japanese, Korean, Turkish.



Evidence-Base for CCPT

- Rated Promising by The Title IV-E Prevention Services Clearinghouse for child well-being including behavioral, emotional, and social functioning and educational achievement and attainment.
- Rated Promising by the California Evidence-Based Clearinghouse for disruptive behavior treatment, anxiety treatment and domestic violence services.

Get CCPT Certified!

CCPT Certification is for you if you:

- want to develop expertise in an evidence-based intervention
- believe therapeutic relationships provide conditions for healing
- want to create lasting, positive change
- and trust children can move towards integration and self-enhancing ways of being!

