



Child-Centered Group Play Therapy

An Evidence-Based Intervention

What is Child-Centered Group Play Therapy?

- CCGPT allows for children to experience social interactions with 2-3 group members ages 3-10 years old which hopefully enable the children to learn and practice new social and coping skills
- A developmentally response play-based mental health intervention for social, emotional, behavioral, & relational disorders
- Nationally recognized evidence-based intervention

Treatment Manual and Resources

Cheng, Y., & Ray, D. (2018). Child-centered group play therapy skills checklist*

Ray, D., & Cheng, Y. (2018). Child-centered group play therapy implementation guide. *

*Available for download at cpt.unt.edu/child-centered-group-play-therapy

Note: CCPT Treatment Manual is a pre-requisite for the implementation of CCGPT.



Evidence-Base for CCGPT

- Rated Promising by The Title IV-E Prevention Services Clearinghouse for child well-being including behavioral, emotional, and social functioning and educational achievement and attainment.
- Rated Promising by the California Evidence-Based Clearinghouse for Child Welfare.

Sign me up! What's next?

Find our next training at cpt.unt.edu/ccpt-certification-trainings

No training listed near where you live?
Send us an email at cpt@unt.edu
and we'll work with you to try to set one up!

