Child-Centered Group Play Therapy
An Evidence-Based Intervention

What is Child-Centered Group Play Therapy?

- CCGPT allows for children to experience social interactions with 2-3 group members ages 3-10 years old which hopefully enable the children to learn and practice new social and coping skills
- A developmentally response play-based mental health intervention for social, emotional, behavioral, & relational disorders
- Nationally recognized evidence-based intervention

Treatment Manual and Resources


*Available for download at cpt.unt.edu/child-centered-group-play-therapy

Note: CCPT Treatment Manual is a pre-requisite for the implementation of CCGPT.

Evidence-Base for CCGPT

- Rated Promising by The Title IV-E Prevention Services Clearinghouse for child well-being including behavioral, emotional, and social functioning and educational achievement and attainment.
- Rated Promising by the California Evidence-Based Clearinghouse for Child Welfare.

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