

**UNT Center for Play Therapy - Play Therapy Referral List  
(P-Play, A-Adolescent, I-Individual, C-Couples, G-Group, F-Family)**

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**Denton**

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**Counseling Center of Denton**

(940) 382-5328

**2 Locations:**

1614 Scripture St., Suite 200

Denton, TX 76201

1300 Fulton St., Suite 402

Denton, TX 76201

<https://www.ccdcounseling.com>

P/A/I/C/G/F/Substance Use/Assessment

- **Spanish Speaking Available**
- Sliding Scale/Insurance/ Medicaid
- **In-person and Telehealth Services Available**

**Denton County Friends of the Family**

(940) 387-5131

4845 S I-35 E, STE #100

Corinth, TX 76210

<https://www.dcfof.org>

P/A/I/C/G

- **Spanish Speaking Available**
- No cost to survivors of relationship violence, sexual assault, and child sexual abuse
- **In-person and Telehealth Services Available (8-12 week waiting list)**

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**Carrollton**

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**Michelle Phelan, MS, LPC-Intern, NCC**

(469) 346-8600

Star Brook Professionals

4221 Medical Parkway, STE #400

Carrollton, TX 75010

<http://www.starbrookprofessionals.com>

P/A/I

- **In-person and Telehealth Services Available**

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**Colleyville/Grapevine**

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**Restoring Hope Counseling & Consulting, PLLC**

(817) 873-2305

1207 South White Chapel Blvd. Suite 220

Southlake, TX 76092

P/A/I/F

[restoringhopedfw.com](http://restoringhopedfw.com)

- Scholarship Program Available
- **In-person and Telehealth services available**

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**Dallas**

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**Emily Van Pelt, PhD, LPCS, RPT-S**

(972) 439-0332

17210 Campbell Rd.

Dallas, TX 75225

<https://www.mitchellphd.com/emily-van-pelt>

P/A/I/C/G/F/CPRT

- **In-person and Telehealth Services Available**

**Hope Child and Family Center of Texas**

(214) 949-7774

13720 Midway Rd #106

Dallas, TX 75244

<https://www.hopencentertx.com/>

- **Spanish Speaking Available**
- Sliding Scale with LPC-Associates
- **In-person and Telehealth Services Available**

**New Leaf Clinic Dallas**

(469) 251-0803

17103 Preston Rd., STE #288

Dallas, TX 75248

<https://www.newleafclinic.com/>

P/A/I/G/CPRT/Assessment

- **In-person and Telehealth Services Available**

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**Jewish Family Services**

(972) 437-9950  
5402 Arapaho Rd.  
Dallas, TX 75248  
<https://jfsdallas.org/>  
P/A/I/G/F/Assessment

- **Spanish Speaking Available**
- Sliding Scale
- **In-person and Telehealth Services Available**

**University Park Counseling & Testing Center, PLLC**

(972) 775-8966  
12800 Hillcrest Avenue, Suite A103  
Dallas, Texas 75230  
<https://www.universityparkcounseling.com/>  
P/A/I/C/G/F/CPRT/ Assessment

- Sliding Scale
- **In-person and Telehealth Services Available**

**Paws for Reflection Ranch**

(972) 775-8966s  
5431 Montgomery Road  
Midlothian, TX 76065  
<https://www.pawsforreflectionranch.org/>  
P/I/Equine-Assisted & Animal-Assisted  
Counseling/ EMDR

- Sliding Scale
- **In-person and Telehealth Services Available**

**Kaleidoscope Counseling**

(214) 499-0396  
3535 Firewheel Dr., STE F  
Flower Mound, TX 75028  
[www.kaleidoscopebehavioralhealth.com/](http://www.kaleidoscopebehavioralhealth.com/)  
P/A/I/C/G/F

- **Spanish Speaking Available**
- **In-person and Telehealth Services Available**

**Lotus Counseling & Psychological Services, LLC**

Nicole Holmes, PhD, Licensed Psychologist &  
Associates  
(469) 431-5616  
3605 Yucca Drive, STE 202  
Flower Mound, TX 75028  
<https://www.lotus-counseling.com>  
P/A/I/G/C/F/Assessment

- **Spanish Speaking Available**
- Sliding Scale with Student Counselor
- **In-person and Telehealth Services Available**

**Living Perspective Counseling**

(972) 539-7373  
3020 Broadmoor Lane, STE #200  
Flower Mound, TX 75022  
<https://www.livingperspectivecounseling.com/>  
P/A/I/C/G/F/EMDR

- Sliding Scale
- **In-person and Telehealth Services Available**

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**Flower Mound/Lewisville**

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**Guiding Compass Counseling**

(972) 432-6500  
4431 Long Prarie Road STE #200  
Flower Mound, TX 75028  
[www.guidingcompasscounseling.com](http://www.guidingcompasscounseling.com)  
P/A/I/C/G/F/CPRT/Biofeedback

- Scholarship Rate
- **In-person and Telehealth Services Available**

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**Fort Worth/Keller**

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**Gina Galloway, Ph.D., LPC-S, RPT**

(817) 932-3105  
8821 Davis Blvd., STE #300  
Keller, TX 76248  
<https://www.ginagalloway.com>  
P/A/I/C/F

- Sliding Scale
- **In-person and Telehealth Services Available**

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**Frisco/Plano**  
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**Cynthia Bevly, Ph.D, LPC-Intern**

(214) 618-0588  
5899 Preston Rd., Suite 404  
Frisco, TX 75034  
<https://blankslatetherapy.com>  
P/A/I/CPRT

- **Spanish Speaking Available**
- Sliding Scale
- **In-person and Telehealth Services Available**

**Great Harbor Professional Counseling**

(972) 767-9029  
2309 Coit Road, Suite D  
Plano, TX 75075  
[www.greatharborprofessionalcounseling.com](http://www.greatharborprofessionalcounseling.com)  
P/A/I/EMDR

- **Mandarin & Taiwanese Speaking Available**
- Insurance/ Sliding Scale
- **In-person and Telehealth Services Available**

**Kid Talk**

(972) 658-7831  
6942 W. Main St.  
Frisco, TX 75034  
<https://kidtalkfrisco.com>  
P/A/I/G/EMDR

- Insurance/ Sliding Scale with LPC-Associates
- **In-person Services available**

**Mighty Oaks Counseling and Wellness**

(469) 844-0625  
4100 West 15<sup>th</sup> Street, #220  
Plano, TX 75093  
<https://www.mightyoakscounseling.com>  
P/A/I/G/F/CPRT

- **Spanish speaking available**
- Sliding Scale
- **In-person and Telehealth Services Available**

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**McKinney**  
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**Counseling & Consulting Associates of North Texas**

(972) 542-8144  
2750 Virginia Pkwy STE #108,  
McKinney, TX 75071  
<https://ccanorthtexas.com>  
P/A/I/C/G/F

- **Spanish speaking available**
- Sliding Scale
- **In-person and Telehealth Services Available**

**STARRY Counseling**

(469) 617-7476  
2150 South Central Express Way, Suite 160  
McKinney, TX 75072  
<https://www.starry.org>  
P/A/I/F

- **Spanish speaking available**
- Free services (no cost to families with children up to 17 years old)
- **In-person and Telehealth Services Available**

**Therapy on the Square**

(972) 886-8375  
114 ½ Louisiana Street, STE #201  
McKinney, TX 75069  
<https://tots.pro>  
P/A/I/C/G/F/CPRT

- **In-person and Telehealth Services Available**

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**Prosper**  
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**Marcey Mettica, LPC-S, RPT-S**

(214) 914-1018  
Prosper Counseling  
3067 Falcon Road, Prosper, TX  
<http://prospercounseling.com/>  
P/A/I/G/F/CPRT/Sand Tray

- **In-person and Telehealth Services Available**