

Client: XX
DOB: XX
Provider: Dee Ray, PhD, LPC-S, NCC, RPT-S, Certified CCPT/CPRT
Provider License: LPC-S #14920



Appointment: Individual appointment on April 7, 2025
5:30 pm - 6:20 pm, 50 min
Billing code: 90834 - Individual Therapy (38-52 min)

Play Therapy Session Summary

Session Modality

- In-Office Session

Client Arrived

- On Time

Session Start time:

5:30

Session End Time:

6:20

Time spent in individual:

50

Time spent in parent consultation:

0

DATA - COUNSELOR OBSERVATION, OTHER CLINICAL DATA, AND CLIENT REPORT

Significant Verbalizations:

You're a bad teacher. You have to be tied up forever.

My brother is older but I'm taller

Limits Set (indicate detail and # of times limit set; describe process/if consequence and/or ultimate limit set):

- Protect Counselor and/or Maintain Counselor Acceptance/Relationship
hitting therapist - followed
- Protect Room/Toys
throwing sand - followed
throwing paint - followed

Toys/Play Behavior (check specific toys used):

- sand/water/sifter/bucket/shovels
- easel/paint/paper
painted picture to mix paints - stated he did not want picture
- animals: domestic/zoo/dinosaurs/sea/reptiles
fighting on teams
- dress up: clothes/jewelry/hats/masks/wand
dressed as queen and was in charge of punishing teacher

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Observations (give brief description of play; indicate meaningful/sustained play, play disruption(s), and counselor-initiated activity):

Ch played out scene between teacher and queen. Ch tied teacher because of being bad and turned teacher into a smaller object to be jailed.

ASSESSMENT - CLINICAL CONCEPTUALIZATION & DIAGNOSTIC IMPRESSIONS; MEASURE OF PROGRESS

Play Themes (check predominant theme[s]):

- Power/control

Conceptualization and Progress:

Ch continues to explore power theme of punishing the bad person. Ch demonstrates high level of aggression but readily follows limits. Ch continues to use aggression to express need for freedom and power.

PLAN/RECOMMENDATIONS (INDICATE SHORT-TERM PLAN(S), HOMEWORK, IMMEDIATE TREATMENT DIRECTION; NOTE ANY NEED FOR CONSULTATION AND/OR REFERRAL)

Next Appt. Date/Time:

Mon, April 14 5:30

Recommendations:

- Continue current treatment modality
- Parent Consultation

Plan Notes: (if applicable)

PC scheduled for April 16

Note Written On:

04/14/2025

Provider

*Dee Ray, PhD, LPC-S, NCC, RPT-S, Certified
CCPT/CPRT*

Signed by Dee Ray, PhD, LPC-S, NCC, RPT-S, Certified
CCPT/CPRT

LPC

April 8, 2025 at 1:39 pm

IP address: 47.187.147.250